

# THE ROMAN FOOD TOUR

## Taste of Trionfale

### Meeting point

The meeting place is the Cipro metro / underground train stop which is on the A / red line at 1020 a.m Upon exiting the underground stop, you will come out into a square which is a popular meeting point. Your guide will be there with a sign saying The Roman Food Tour. (not up the stairs on the high street).

Here is a Photo of where the meeting point takes place.



### If you Arrive late

Your guide will be at the meeting point for the first 10 minutes of the tour and will leave around 1040 a.m. From there the guide will be at our next venue called La Pasticceria Siciliana to get there when exiting the metro and walking up the stairs towards the highstreet (main street) you would make a left and continue down until you see the cafe on the left hand side Via Cipro, 79, 00136 Roma. Our Contact numbers are +39 331 501 5629 and +39 324 741 2082

## Tip for phones in Rome

If you have a free internet plan while visiting Rome or have access to wifi we recommend downloading whatsapp. It is a free instant messaging service and you will be able to reach us at any time as long as you have access to the internet. It is used on your phone the same as sending a text message.

## Directions

### By Metro (recommended)

From Termini Station you would take the A line 8 stops to Cipro Metro Station, once exiting you will see your guide holding a Roman Food Tour sign. Do not walk up the stairs to the high street.

This is our recommended public Transportation for our meeting point and is especially easy from the Termini, Spanish Steps and Barberini area

### From the B line metro

If your hotel is near the B line you would want to take that to Termini station and switch to the A line from there it is 8 stops to Cipro Metro

### Tips for taking the metro

When entering the metro you will see a machine that accepts coins and small bills (maximum 10 euros or you will not receive change) The cost for a one way ticket is 1.50 cents and lasts up to 90 minutes including any bus or metro transfers. When entering the metro you will slide your ticket through and it will give you your time stamp.

When entering the metro it is best to enter the either the front or back to avoid congestion and pick pockets.

## By Taxi

Ask your taxi driver to take you to Metro Cipro (cipro is pronounced Cheepro) You want to be dropped on the high street Via Cipro in front of the Red M. Once arriving walk down the stairs into the small piazza and your guide will be waiting for you there.

## Tips for taking a taxi in Rome

When taxis are called in Italy the charge starts from when the call is made not when you enter. If you are staying in the center there will be plenty of Taxi stands in the area and it could save you money by walking directly to them.

When you enter a taxi between 7 A.M. and 10 p.m the meter will start at 2.80 euros from 10 p.m. on the service charge starts at 5.80. Also on holidays and Sundays the meter starts at 5.80

## Taxi from Fiumicino

For getting to Rome from Fumincino Airport by Taxi you should be charged a flat rate of 48 euros to anywhere in the city center

## By Bus

Campo di Fiori/Piazza Navona/Pantheon area

if you are staying near the Pantheon, Campo di Fiori or Piazza Navona area you can take the 492 at Largo Argentina and Cipro will be your last stop on the metro. Another option would be to take the 931 bus to Piazza Dei Eroi although this can be a little trickier. From Piazza Dei Eroi you would walk 3 minutes on Via Cipro to get to our meeting point. When you arrive please walk down the stairs and your guide will be waiting in the small piazza holding a Roman food tour sign

## Trastevere

From Trastevere you could take the H bus to Termini station and go 7 stops on the A line to Cipro but we would recommend a taxi which would be about 10 to 12 euros

## Tips when taking the bus

When entering a Bus make sure to buy a ticket first and when you enter stamp it. Tickets can be purchased at any newsstand or Tabaccheria shop

## Walking/GPS

You want to use the Cipro Metro Station as your destination once arriving walk down

the stairs into the small Piazza and your guide will be waiting for you holding The Roman Food Tour sign.

## How Do I get back?

After the tour our guides will walk you to the metro station, call a cab for you or walk you directly to the taxi stand. Also they will be able to give any additional information needed to help you arrive to your destination

## Payment information

### **Important please note**

Your Credit card has not been charged, it is only used to hold your reservation and payment is made by cash during the tour. Payment is stated as pending on your receipt but we have held your places for the tour.

## **Day tour Prices**

75 euros per adult

70 per senior (60 and over)

60 per child (6-17)